Simon Julien Suite

St Martins
Moving forward together

Independent self-contained flats for adults with complex mental health needs.

Simon Julien Suite is a 6 self-contained flat service based in Islington that provides assistance for adults living with complex mental health needs.

Simon Julien Suites is a project committed to facilitating and promoting mental wellbeing, to allow our residents that are ready to step down to be living independently in the community.

Newly refurbished(2025) and attentively designed to meet the residents' needs that are ready to take their next step into their recovery journey and live in their own private space.

While Simon Julien Suite is a low-medium risk supported service , St Martin's will continue to assist residents to fulfil their aspirations, whilst providing the support they need to achieve this at their own pace and within a non-stressful environment.

Our Service

- 6 fully furnished self-contained flats.
- Shared garden and designated smoking facilities within St Martin's House (next door) for all residents
- 9am to 10pm support 7 days a week
- Available to all genders with Mental Health needs
- Friendly, trustworthy and approachable staff based in the office next door(St Martin's House)
- Personalised care and support planning with dedicated key workers.
- Safe environment that provides emotional support and assists with building life skills.
- Community engagement, leisure, vocational and educational opportunities.
- Integrated care with NHS and LA partners.

www.stmartinoftours.org.uk

Our Approach

By supporting a culture of therapeutic engagement based on principles of recovery we support residents to further develop their independence and confidence following successful move-on support. We provide a person-centred focus on the residents' overall wellbeing, supporting residents to set their own goals and lead a more fulfilling life.

The key elements of our therapeutic strategy are;

- Development of self and symptom management.
- ADL skills development.
- Understanding recovery and leading a more fulfilling life.
- Positive family and social support networks.
- Relapse prevention and risk reduction.
- Social inclusion, education and employment.

'I like living at Simon Julien Suite because the staff take good care of me and make me feel safe'.

Resident of Simon Julien Suite

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Our Community

Situated in the heart of the Islington community, Simon Julien Suite promotes social inclusion and provides opportunities for purposeful community involvement. The service provides convenient access to a wide range of community facilities including local shopping centres, markets, colleges, places of worship, and employment opportunities.

Within close proximity to an excellent transport network of buses and trains, the staff support the individual needs of residents in actively engaging with community based activities, developing social networks and pursuit of personal interests.

Resident Outcomes

- Development of independent and daily living skills.
- Improved mental and physical wellbeing.
- Reduction in risk and behaviours that challenge.
- Active involvement in community leisure, educational and employment facilities and opportunities.
- Engagement with primary care services and Community Mental Health Teams.
- Improved sense of personal identity and confidence.
- Step down to lower level of support whilst living independently in the community .

If you would like to make a referral, arrange a visit or request further information, please call **020 7359 9990/02077049786** or email **referrals@stmartinoftours.org.uk**

Registered Manager

James Crockart

StMartinsHouse@stmartinoftours.org.uk/

JamesC@stmartinoftours.org.uk

4 Wilton Villas, London N1 3DN