



Chalkhill Road

Residential Care Home for adults with complex mental health needs



Chalkhill Road is a 20 bed community based Care Home that provides 24/7 support for adults living with complex mental health needs.

Chalkhill Road is committed to facilitating and promoting mental wellbeing, to allow our service users to return to independent living in the community. Chalkhill Road helps people to fulfil their aspirations, whilst providing the support they need to achieve this at their own pace and within a non-stressful environment.

Chalkhill Road guides integrated care, with an emphasis on co-ordinated partnership working. We pride ourselves on maintaining effective relationships with NHS community mental health teams and local authorities to ensure we effectively meet the needs of our industry partners and service users.

Our Service

- ▶ 20 Fully furnished single rooms with ensuite facilities
- ▶ Shared kitchen and living room facilities
- ▶ Large outside courtyard and garden used for activities
- ▶ Personalised care and support planning with dedicated key workers and life skills facilitators
- ▶ Safe environment that provides emotional support and assists with building life skills
- ▶ Co-ordinated programmes of therapeutic input and meaningful activities
- ▶ Community engagement, leisure, vocational and educational opportunities
- ▶ Integrated care with NHS and LA partners



Our Approach

By supporting a culture of therapeutic engagement based on principles of recovery, the care we provide will be adopting values including: Encouraging service-users to build hope, supporting service users to set their own goals, providing engagement based on what the service user would find meaningful, and supporting the service user to lead a more fulfilling life. The key elements of our therapeutic strategy are:

- ▶ Development of self and symptom management
- ▶ ADL skills development
- ▶ Understanding recovery and leading a more fulfilling life
- ▶ Positive family and social support networks
- ▶ Relapse prevention and risk reduction
- ▶ Social inclusion, education and employment

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The staff at Chalkhill Road have helped me feel more confident and in control of my own life. I am taking steps to gain employment, which is something I didn't think I could achieve before I moved here.

Resident of Chalkhill Road



Our Community

Situated in the heart of the Wembley community, Chalkhill Road promotes social inclusion and provides opportunities for purposeful community involvement. The service provides convenient access to a wide range of community facilities including local shopping centres, markets, colleges, places of worship, and employment opportunities.

Within close proximity to an excellent transport network of buses, tube and overground, the staff support the individual needs of residents in actively engaging with community based activities, developing social networks and pursuit of personal interests.



Service User Outcomes

- ✓ Development of independent and daily living skills
- ✓ Improved mental and physical wellbeing
- ✓ Reduction in risk and behaviours that challenge
- ✓ Active involvement in community leisure, educational and employment facilities and opportunities
- ✓ Increased engagement with primary care services and Community Mental Health Teams
- ✓ Improved sense of personal identity and confidence
- ✓ Step down to low level supported or independent community living

If you would like to make a referral, arrange a visit or request further information, please call **020 7704 3820** or email referrals@stmartinoftours.org.uk

**127 Chalkhill Rd,
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