



A leading provider of accommodation
and mental healthcare in London

Annual Review 2015

About us

St Martins is a leading provider of mental healthcare and accommodation in London. We have been delivering positive outcomes since 1980 for people with mental health needs, and for those with offender backgrounds. We help people maintain their independence and to step down from secure hospital wards, prisons and similar institutions.

Mission

Our mission is to improve the pathways and opportunities for people stepping down from secure hospitals, prisons and mental health services. We do this by enabling the recovery of our service users in order to maximise their independence and safety in the community.

Vision

St Martins aims to be the most effective mental health recovery partner in London for people who have enduring and complex needs.

Values

- We believe that everyone associated with us should be treated with fairness, justice and respect.
- We believe that everyone has the potential for positive change.
- We are committed to promoting diversity and equality in all our activities.
- We expect staff and Board members to carry out their responsibilities with integrity and probity.
- We are committed to upholding and promoting the legal, civil and human rights of service users.
- We have an organisational culture that emphasises and promotes professionalism, innovation, performance and good practice in service delivery.



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Chair and Chief Executive's report

We are proud to present St Martins' latest annual review, which covers our work from April 2014 to March 2015. We hope you enjoy reading about our work, the lives of our residents and their journeys of recovery.



John Thompson
Chief Executive



Nick Purchase
Chair

The last year has seen us focus on the tasks created by the increased complexity and challenging behaviour of new referrals to our services. In response to these challenges we reviewed our philosophy of care during the year.

This exercise involved all managers in a series of away days and work groups over a six month period and resulted in some significant changes to the way we deliver our services. Consequently we are:

- Employing an Occupational Therapist to carry out all assessments of new referrals.
- Working with a Forensic Psychologist to support managers and front line staff formulate and implement more robust Care Plans.
- Implementing more regular care planning and reviews to facilitate successful move on for residents with increasingly complex needs and challenging behaviours.

Our staff teams continue to have monthly clinical supervision with experienced clinicians.

We have continued to review and improve our services to tenants and residents and this is evidenced by the results of our tenants survey carried out in March 2015.

A further challenge faced by our services during the year has been the increasing use of synthetic cannabis by many of our residents which has led to more challenging behaviours and a lack of motivation to engage in constructive

activities. In response to this we have partnered with Four Corners, a film making charity, to produce a documentary film. Filmmaker Line Blom has been working with a group of St Martins' residents. This group has been interrogating the production, distribution, sale, consumption and effects of the drug. The result has been a much greater awareness of the dangers posed by synthetic cannabis and interest in participating in more filmmaking, including a formal training course.

We are very pleased that St Martins has been selected by the British Institute of Human Rights to become a project partner within a programme entitled, *"Delivering Compassionate Care: Connecting Human Rights to the Front Line"*. The British Institute of Human Rights will work with St Martins until April 2017, providing training to all staff in our mental health recovery projects, as well as training a smaller group of staff to become Human Rights Champions. We are keen that others benefit from this work, so we will be developing a knowledge transfer resource in partnership with BIHR for in-house training. St Martins will then be involved in the delivery of this resource to other mental health services in the south east of England.

We are aware that the coming public expenditure cuts will have a negative impact, but will also present opportunities for us to develop new services in response to identified need. We will remain agile and flexible in responding to opportunities and gaps in the market as we seek to

achieve our strategic ambition of being the leading provider of community forensic services in London. Our task is to remain informed and engaged with public sector reform and the changes it brings. We will continue to provide personalised, value for money services, that help our service users develop their full potential and lead more independent lives.

We are very conscious of the financial and time pressures on our commissioners and statutory partners in both local authorities and NHS organisations. Useful and accessible information is key, so we re-launched our website this year. See www.stmartinsoftours.org.uk It is now more contemporary, accessible and gives far more information about St Martins and the services we provide.

We will continue to market and position St Martins as the leading provider of recovery services to people with forensic histories and complex mental health problems. Our offer to local authorities and Clinical Commissioning Groups will continue to be that St Martins can provide high quality, innovative and value for money services for people leaving secure hospitals and similar settings. We enable this vulnerable client group to achieve independence safely within 2-3 years.

Many of St Martins' residents are vulnerable and can present with a range of acute and complex problems. Our residents can be at risk of self-harm. Some are vulnerable to harm and exploitation by others, and/or pose a potential threat to others. Our staff continue to demonstrate the passion and commitment that this often difficult

and demanding work requires. We take this opportunity to thank them, our Board members and all our partners, for their contribution to the mission which we all share at St Martins; helping our residents develop their full potential and live life as independently as possible.

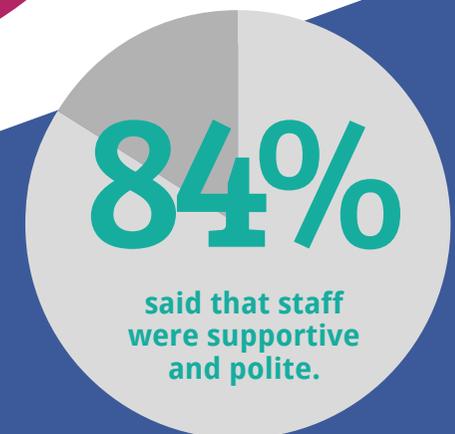


John Thompson
Chief Executive



Nick Purchase
Chair

No residents rated the services they received as poor or mostly poor.



Move on

The average length of stay for those moving on from our services was 12 months, down from 14 months in 2013-14 and 22 months in 2012-13.

The average length of stay for positive moves was 15 months while the average length of stay for negative moves was 9 months.

Stakeholder Feedback, Spring 2015

"I do not think there is room for improvement...The culture is very recovery focussed and this is, in large, set by the service managers who lead by example." *Professor Helen Killaspy, UCL.*

"Reliable, thorough, well-managed, friendly and approachable." *Dr Nick Larsen, West London Mental Health Trust.*

"St Martins are organised, knowledgeable, positive and communicate well." *Leigh Simpson, NHS Camden & Islington.*

"They do the best they can to meet their service users' needs." *Neil Smith, CRI.*

One of the key metrics by which our services are judged are the rates of move on. Below are the number of people who moved on from our services, organised by project (the property they lived in), and sorted into positive, neutral or negative moves.

We define a positive move as a planned step-down to a living arrangement requiring less support. A neutral move on covers any sideways transition where the service user is still accessing the same level of support, either internally or with another provider. A negative move on indicates that a service user has been admitted to hospital, moved to more intensive support, prison or other circumstances have led to a termination of their tenancy.

The number of clients who have made a positive and planned transition is 43%. This is down significantly from 76% in 2012-13. Additionally the length of stay

is down from 22 months to 12 months over the same period, which is due to the increasingly complex nature of the referrals we have received in the last two years. This is in evidence especially at Wilton Villas care home where our statutory partners have been trialling short-term placements. A number of these placements have demonstrated that service users are not ready to live in the community. However, in some cases, our statutory partners have recognised remarkable progress and extended trial placements.

Our aim in the next few years therefore is to do all we can to support the recovery of the more challenging clients we are now working with by encouraging them to maintain a tenancy with us for longer periods. Evidence from previous years, when positive move ons have been at higher rates, has shown that a 2-3 year stay in our services results in more positive outcomes.

Move on Stats 1 April 2014 – 31 March 2015

Outcome

Project	Total Move On	Positive	Neutral	Negative
Chalkhill Road	4	1	1	2
Davenant Road	4	1	1	2
Ferrini House	18	9	6	3
New North Road	11	7	1	3
Wilton Villas	10	2	1	7
Totals	47	20	10	17
Percentages		43%	21%	36%

Here is a more detailed breakdown of where people who left our services went.

Where people went	Number	Percentage
Positive moves	20	43%
Transferred to lower support	12	26%
Independent tenancy	8	17%
Neutral Moves	10	21%
Internal transfer	3	6%
Transferred to alternative care provider	3	6%
Move on outcome unknown	2	5%
Staying with friends	1	2%
Voluntarily terminated own placement	1	2%
Negative Moves	17	36%
Admitted to hospital	9	18%
Admitted to prison	4	9%
Evicted	4	9%



Independence and peace of mind

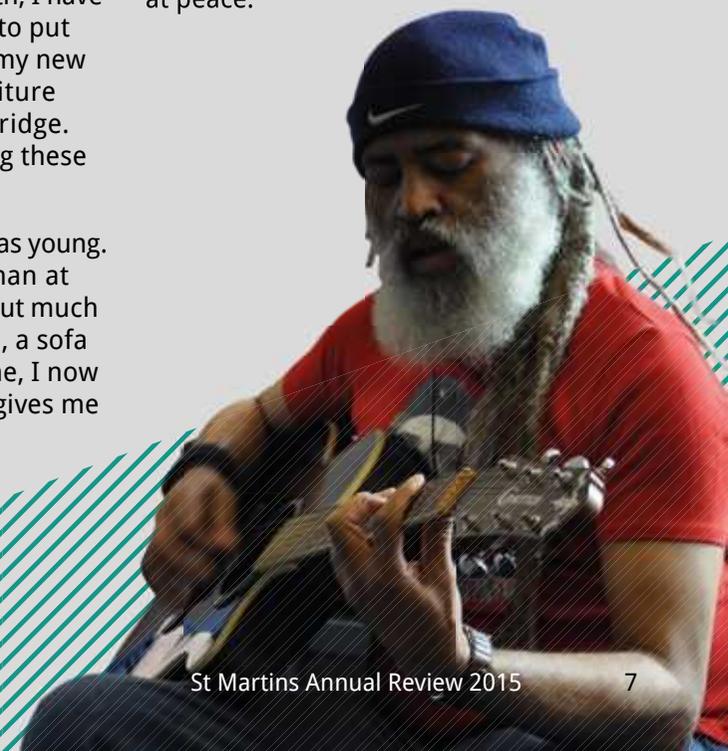
Terry is one of the people who made a positive move in the last year and this is what he had to say about it.

“I am happy to share my experience as I think it can help others. It might help them to have more confidence that things will work out alright.

I moved from St Martins to my own flat this winter. It was scary but good, and I am glad I did it. After twenty years in the mental health system, including time in Broadmoor and Ashworth, I have my own place. I paid someone to put down carpet when I moved to my new flat. I have bought all the furniture I need. I have a cooker and a fridge. It may sound strange but having these things is reassuring.

I ran away from home when I was young. I slept rough, but I felt safer than at home. This feels a bit like that, but much better because I have a kitchen, a sofa and a nice bed. For the first time, I now have my own home. I like it. It gives me peace of mind.

I’ve got a GP and a pharmacy nearby. There are lots of shops. I like going to the West End for dinner, and doing tai chi. I stay in touch with a few people who I see now and again. George from St Martins came to visit me when I first moved in, just to check I was OK. I offered him tea, at least I hope I did. I’m fine here. It suits me and I am at peace.”



Philosophy of care

St Martins is guided by the principle that everyone is entitled to the most independent and full life it is possible for them to live. In our attempts to aid the stabilisation and recovery of people with enduring mental health needs and offender backgrounds, it has become clear that the needs of our service users, the NHS and local authorities are changing rapidly.

100% of service users have care plans in place.

86% see a keyworker at least once a week.

76% do not want to increase this frequency.

Over the last two years we have experienced an increasing complexity of need from the referrals we received, as mental health units closed or released people earlier to free up limited hospital beds. It became clear to us that we needed to adapt our operational approach in order to maintain our solid philosophy of care and deliver positive outcomes.

During a series of away day meetings attended by all St Martins' staff, strategies were discussed to determine flexible and agile ways of meeting our service users' changing needs and serving the increased complexity of the market place we operate in.

Following these consultations it was decided our primary objective was to strengthen our front line services by adding additional skills and experience. We have subsequently employed an occupational therapist and an experienced team of assessors with social work and CQC backgrounds. Our OT and assessors look closely at the identified needs of the referrals we receive, making recommendations which form the basis of rigorous care plans. We have also employed a Forensic Psychologist on a sessional

basis, who, along with our new OT, give our front line staff additional clinical insight and backup.

We have streamlined and improved all care plans. Each care plan has SMART targets which are discussed informally with service users at weekly keyworking sessions and reviewed more systematically on a six monthly basis in collaboration with care teams from each service user's host borough. Moreover, St Martins has undertaken to lead on CPA reviews, supporting care teams across London and beyond with the information and insight required to assist regular, structured review.

It is still early days, but our new approach is showing some green shoots, with some positive comments on the robust nature of the care we offer coming from commissioners and care teams. But more importantly, early signs show that service users are responding positively to the additional staff support and commitment to help them lead the fullest lives possible.



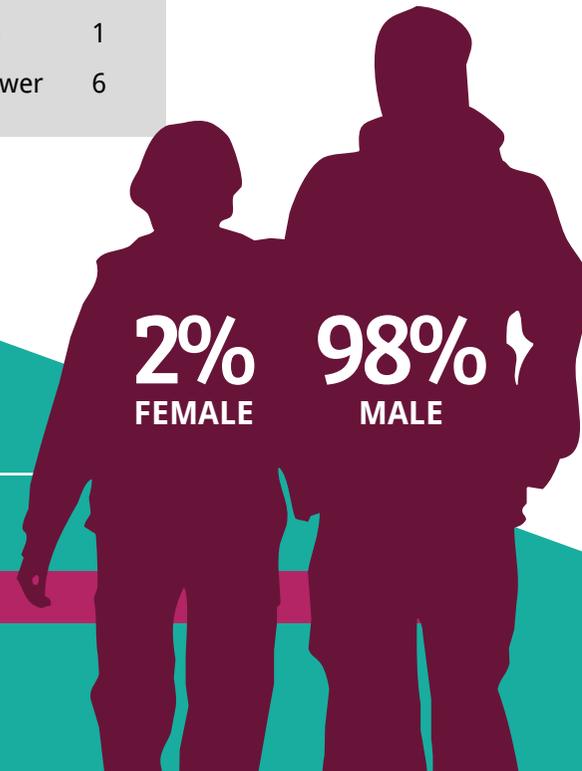
Service user demographics

Service user age, gender, ethnicity, religion and originating borough 2014-2015

Ethnicity	%
Asian or Asian British – Bangladeshi	3
Asian or Asian British – Indian	2
Asian or Asian British – Other	1
Asian or Asian British – Pakistani	1
Black or Black British – African	12
Black or Black British – Caribbean	24
Mixed – Other	1
Mixed – White & Black African	2
Mixed – White & Black Caribbean	2
White – British	35
White – Irish	10
White – Other	7

Religion	%
Atheism	2
Buddhism	1
Christianity	37
Islam (Muslim)	13
No religion	6
Not known	30
Other	4
Rastafarianism	1
Refused to answer	6

AGE



Originating borough



Service user report, ARP Research, March 2015.

Every spring an independent survey of service users' experiences is carried out. Here are some of the headline findings.

Participation

67% of service users participated in meetings and forums set up for them to discuss the service they receive. This is an increase from 55% participation in 2014.

28% of service users are interested in volunteering, up from 9% in 2014.

Information

37% would like information about news and events

35% asked for money advice

35% would like more information about St Martins' services

24% would like to be involved in writing articles for the residents' newsletter

Contact

87% see a member of staff at least once a week, up from 75% in 2014

24% had daily contact with staff, up from 11% in 2014.

Recovery and peer support

“Hello. I’m Monsur. I’ve been with St Martins since January 2014. It’s now approaching summer 2015 and I’m looking to move on. I have an important CPA meeting coming up. At the meeting we’ll talk about my options, but I’d like to live in a low support hostel.

I’m feeling good, sleeping well, managing my own medication and making real progress with my mental health. The weather has been lovely and I’ve enjoyed barbecues, the nice garden here and playing football recently. You know I filmed the barbecue residents had here the other day on my phone and showed it to some friends. They were all saying, “Wow, they look after you there, don’t they.”

Thanks to my progress, I’ve started doing Peer Support Work. St Bernard’s Hospital are paying me to speak to people on mental health wards about making the transition from hospital to living in the community. I’ve been involved in collaborative risk assessment and a Train the Trainer programme. It seems my experience can help St Bernard’s offer a better service to people on the wards. They’ve also got me going to a church in the local community to give talks about schizophrenia, so people can speak out without fear about what it’s like hearing voices.

Talking of speaking out, I joined a protest recently about the closure of a day centre in Ealing for people with mental health problems. Where will people with no family and little support go? This centre was used by a lot of people who really appreciated it. But the Council want to close it. These mental health cuts hurt.

Despite the cuts, there’s been some good changes in the last few years. A lot of people feel much safer about speaking out. Hearing voices is terrifying. And you know that everyone will think you’re crazy if you talk about it, which makes it worse! I used to worry about mentioning problems to people. I was worried they’d grass me up to the doctors. But there’s more support and understanding now. I go to a support group regularly. You hear amazing stories, both positive and negative, about people’s mental illness and the support or misunderstanding they’ve experienced.

So I’m busy now. I also go to Brent Mind every Friday. I go to the gym. I play football in St Martins’ team. I’ve done some group CBT which has given me more techniques for managing my mental health. And I’m involved in work which helps people to move on and open up about difficult experiences.”



“

I'm involved in work which helps people to move on and open up about difficult experiences.”

Training and development

St Martins invests heavily in a wide range of training and development opportunities for staff. We run a busy programme of mandatory and elective training in order to equip staff with the skills and knowledge they need to work positively with our residents. Staff are expected to take an active role in their professional development. We encourage all employees to identify skills gaps and will pay for one-to-one coaching and courses where necessary.

“You get a chance to meet a lot of interesting people, work with an amazing team and develop a huge range of skills.” – Julija

“What I like about St Martins is the team cohesion and enthusiasm to improve the lives of vulnerable residents.” – Karla

Training delivered between 1 April 2014 and 31 March 2015

Course Title	Number of Staff attended	Course Title	Number of Staff attended
Anti-social Personality Disorder	18	Hearing Voices	2
Assertive Skills to Manage Change	2	Illegal Money Lending	1
Assertiveness	11	Legal Highs	11
Care Act & Adult Safeguarding Overview	9	Legal Highs Treatment Tools	28
Challenging Behaviour	1	Managers Toolkit	1
Ciphr System Manager	1	Medication	4
Cognitive Behaviour Therapy	15	Medication Awareness	10
Cognitive Behaviour Therapy Refresher	12	Mental Capacity Act	19
Conflict Resolution	25	Mental Health Act	3
Corporate Induction	13	Motivational Interviewing	10
CQC Compliance	12	Nutrition & Food Hygiene	8
Deprivation of Liberties	2	Observation Report/Reflective Practice	1
Difficult, Disturbing and Dangerous Behaviour	16	Presentation Skills for Front Line Staff	10
Disability Awareness	1	Professional Boundaries	10
Drug & Alcohol Awareness	4	Safeguarding	10
Drug Testing	2	Safeguarding Alerts	8
Emergency First Aid	5	Safeguarding Refresher	4
Equal Opportunities	1	Supervision & Appraisal	1
Fire Warden Training	1	Supporting Financially Vulnerable Residents	2
First Aid – Appointed Person	5	Supporting Lifestyle Changes	4
Fit Money	1	Victim Support	1
Health & Safety	8	Welfare & Benefits	12
Health & Social Care Act	7	Working with Complex Needs	1
		Working with Schizophrenia	6

Championing human rights

St Martins is an official project partner of The British Institute of Human Rights. We have teamed up with the BIHR and a small group of organisations across the UK on a three year programme called Delivering Compassionate Care: Connecting Human Rights to the Front Line. Here is a brief interview with our contact at the BIHR, Stephanie Davies.



St Martins: Can you tell us about your role at The British Institute of Human Rights?

SD: I'm a Human Rights Officer and work across lots of areas, leading on BIHR's training and consultancy work and currently spending a lot of my time working on two nationwide human rights and mental health projects. My own professional background is in social work and my role in the team is shaped by my knowledge and experience of human rights issues for people in contact with mental health services or the criminal justice system which are the two settings I've worked in.

St Martins: What are the aims of the Delivering Compassionate Care: Connecting Human Rights to the Front Line programme?

SD: For most people working on the front line of mental health services, the protection of human rights is central to what they do every day. The aim of the Connecting Human Rights to the Front Line project is to support this group of staff to use an explicitly human rights approach to delivering rights respecting care with confidence.

St Martins: Why does St Martins make a good project partner for this programme?

SD: We wanted to work with a service and a staff team who had the potential to develop a human rights approach to supporting people to be in control of their own lives in challenging situations and we're really pleased to be working with St Martins because not only do they have a legal duty to work in a way that respects people's human rights, but St Martins are also the only partner we have from the voluntary sector.

St Martins: Will the governments' proposed changes to human rights laws in the UK, affect the delivery of the programme?

SD: The Government has committed to "scrap" the Human Rights Act and replace it with a British Bill of Rights. Many people are concerned about what this will mean for the future protection of universal human rights here at home. We will have to wait and see what proposals are put on the table, but the important thing to remember is that the Human Rights Act is still law and it places a duty on service providers to respect and protect human rights in their actions and decisions. The work we're doing with organisations like St Martins also helps to show how human rights laws can and do make a real difference in everyday situations, such as supporting the delivery of compassionate care.

Film academy

Using film to educate about the dangers legal highs pose to vulnerable groups in society.

Through this programme we are facilitating:

Residents learning how to better share ideas in a group setting.

Residents to research, plan, script and storyboard film material.

Increased confidence in residents to speak to and interview members of the community, clinicians, senior managers, drug workers, activists etc.

Better understanding of how vulnerable some groups in society are to the harmful effects of synthetic cannabis.

Bringing in some outside expertise on the effects of synthetic cannabis.

St Martins have formed a partnership with Four Corners Film, an organisation with a social remit set up by British director Mike Leigh. Four Corners are providing film equipment and technical expertise to help a group of St Martins' residents make short films interrogating the dangers of synthetic cannabis.

This project received funding from the Big Lottery to include an educational dimension, whereby participating service users who complete 30 hours of filmmaking training will receive an Open College Network Level 1 qualification. This qualification acts as a gateway to further training or entry level jobs in the creative industries.

Thank you to Lyn and Carla at Four Corners for supporting this project. And a big thank you to filmmaker Line Blom who is delivering the training to St Martins' residents.



St Martins and Four Corners are engaged in additional fundraising to support an ambitious development of this project. We are seeking funds to make and broadcast a high quality documentary about synthetic cannabis. We aim to make an accompanying learning resource and distribute both as a free learning pack to the NHS, local authorities, drug workers, charities and schools.

If you are able to help with fundraising or you have any suggestions please contact Luke Roberts:
luke@stmartinoftours.org.uk



Sporting excellence

Many of St Martins' residents play sport or attend a gym. We even have a sprinter who is in the top 20 in the country for the 60m event, living in one of our care homes. But the real passion of most of our sporty residents is football.



Over the last year we have been working on developing a residents' football team. This began with a football tournament organised for and by residents and staff in May 2014. Arsenal in the Community supported the event, supplying balls, kits and a referee.

The event was popular and some of the residents decided to form a team. The team cut its teeth in a Cup competition in September 2014, when we combined with another team from Lambeth in order to enter, as we were then short of players. Much to our delight, we actually won this competition.

Since then our team has attracted more residents and is now playing in regular league matches. It has been a consistent season with St Martins' team maintaining a top 3 spot throughout. We finished our first season in second place.



We are delighted to announce that we made a successful bid to the Wembley Stadium Trust who have awarded St Martins' team funds to pay for football kits, collapsible goals, training equipment, professional coaching and pitch hire. Additionally, the grant will pay for our voluntary coach Bryan Jones to undertake an FA Level 1 Coaching badge. We are also pleased to announce that the health and wellbeing organisation 1Life will be delivering an 8 week football training programme for our team over summer 2015.

Our players are highly motivated and have enjoyed meeting peers from around London and further afield in the course of the season. The growing popularity of our team has also meant that residents are enjoying meeting people from other projects at St Martins, who share their aspirations to perform to the best of their ability on the football pitch. Keeping fit for match days is now part of many residents' care plans and daily routines.

Our performances have improved as the season has gone on with fast one-touch passing, flair going forward and a solid defence. The team entered another Cup competition shortly before this report went to press. They beat all the local London teams to reach the semi-final where they were narrowly defeated by a team from Milton Keynes.

As we are now in receipt of a grant to develop our team, we have high ambitions of starting a second team and winning the league next season.

Income and expenditure

	2015 (£)	2014 (£)
► Turnover	3,334,349	3,893,892
Operating costs	(3,317,899)	(3,377,403)
► Operating Surplus	16,450	516,489
Interest receivable and similar income	3,901	3,326
Interest payable	(2,175)	(2,309)
Other income:		
Unrestricted donations	300	300
► Surplus on Ordinary Activities	18,476	517,806
Transfer from/(to) restricted reserves	-	-
Revenue reserve brought forward	4,189,176	3,671,370
► Revenue Reserve Carried Forward	4,207,652	4,189,176

Auditor's Statement

Independent Auditor's Statement to the Board of Management of St Martin of Tours Housing Association Ltd

We have examined the summary financial statement for the year ended 31 March 2015.

Respective Responsibilities of the Board of Management and the Auditor

The Board of Management are responsible for preparing the summary financial statement in accordance with applicable United Kingdom law and the Accounting Direction for Private Registered Providers of Social Housing 2012.

Our responsibility is to report to you our opinion on the consistency of the summary financial statement with the full annual financial statements.

We also read the other information contained in the summarised financial statements and consider the implications for our report if we become aware of any apparent misstatements or material inconsistencies with the summary financial statement. The other information comprises only the Report of the Board of Management; the Cash Flow Statement and the Notes to the Financial Statements.

Basis of opinion

We conducted our work in accordance with Practice Note 14 issued by the Auditing Practices Board. Our report on the company's full annual financial statements describes the basis of our opinion on those financial statements.

Opinion

In our opinion the summary financial statement is consistent with the full annual financial statements of St Martin of Tours Housing Association Ltd for the year ended 31 March 2015.

Neil Finlayson (Senior Statutory Auditor)

**For and on behalf of Kingston Smith LLP,
Statutory Auditor
Devonshire House
60 Goswell Road
London
EC1M 7AD**

19 August 2015.

Balance sheet

	2015 (£)	2014 (£)
► Fixed Assets		
Housing properties (Cost less depreciation)	9,552,840	9,660,875
Less: Social housing grant	(5,940,428)	(5,940,428)
	<u>3,612,412</u>	<u>3,720,447</u>
Other fixed assets	119,182	138,641
	<u>3,731,594</u>	<u>3,859,088</u>
► Current Assets		
Properties for sale	52,134	52,134
Debtors	152,341	111,504
Cash at bank and in hand (restricted)	8,973	8,973
Cash at bank and in hand (unrestricted)	1,100,558	1,117,674
	<u>1,314,006</u>	<u>1,290,285</u>
► Creditors: Amounts Falling Due		
Within one year	(420,287)	(534,712)
Net Current Assets	<u>893,719</u>	<u>755,573</u>
Total Assets less Current Liabilities	<u>4,625,313</u>	<u>4,614,661</u>
► Creditors: Amounts Falling Due		
After more than one year	137,811	145,636
► Capital and Reserves		
Capital reserve	52	29
Called up share capital	17	39
Restricted reserves	67,431	67,431
Designated reserves	212,350	212,350
Revenue reserves	4,207,652	4,189,176
► Total Capital and Reserves	<u>4,625,313</u>	<u>4,614,661</u>

Board of Management Statement

The summary financial statement contains information from the statement of financial activities and the balance sheet for the year ended 31 March 2015, but is not the full statutory report and accounts. The full financial statements were approved by the Board of Management on 16 July 2015 and will be submitted to the Homes and Communities Agency.

The auditor has issued an unmodified report on the full financial statements and on the consistency of the Report of the Board of Management with those financial statements. The summary financial statement does not contain sufficient information to allow for a full understanding of the financial affairs of the association. The extra details are to be found in the full report and financial statements referred to above.

Copies of the full annual accounts including the Report of the Board of Management may be obtained from the association's head office.

Nicholas Purchase
Chair
On behalf of the Board of Management

19 August 2015.

Board members and senior management

Board members as at July 2015



Nick Purchase
MBA, MSc, CQSW
Chair



Mayan Shah
EMBA, FCCA, BA
Treasurer



Clive Blackwood
DipSW, BA, MSc,
MBA



Catherine Cox
CASHE Diploma,
GNVQ, BTEC



John Docherty
FCIPD



Donald Jackson



Dr. Tony Kearns
FRCPsych



Malcolm King
BA, MSc, AFAL



Peter Spelman
BA, CQSW, MBA



Dr. Phyllis Starkey
BA, PhD



John Whitton
HNC MechEng

Senior management team



Chief Executive

John Thompson MA, MSc, BA

John has been the Chief Executive of St Martins since 2004. He has 25 years experience of developing and managing services in mental health, substance misuse, criminal justice and housing. He was Director of Operations at ARP for 7 years, a London drug and alcohol agency and prior to this worked in rough sleeping services in London for 6 years. He is the Chair of Wandsworth & Westminster Mind and a strong advocate of the Recovery Approach and service user involvement.



Director of Operations

Dr. Vimala Uttarkar BSc, MA, MPhil, PhD

Vimala is a qualified social worker, with extensive experience of managing statutory mental health services having specialised in rehabilitation and forensic services for over 15 years before moving to St Martins in 2005. She is an expert mental health advisor with the Care Quality Commission, reviewer for the Journal of Social Work Practice, Chair of Aid A Woman and a Trustee with Camden Canals and Narrow Boats Association. She holds a doctorate from the University of East London and is a visiting lecturer for the Doctoral Programme at the Tavistock Centre, where she mentors and supervises research students.



Director of Finance and Company Secretary

Philip Bowles FCA

Philip is a Chartered Accountant and worked in group finance for property development and investment companies, including listed property group Bilton plc before becoming Finance Director of an IT development group. He joined St Martins as Director of Finance & Resources in 2001 and is responsible for the Association's financial strategy, IT and corporate risk management. Philip sits on the Audit & Risk Management Committee of the National Housing Federation.



Director of Development and Property Services

Jon Mumford BSc, Dip.Arch

Jon is a qualified architect who has worked for various local authorities, as an Associate in a private architectural practice and in retail development. Moving into the voluntary sector in 1991, he joined Providence Row HA as Development Director and during his 10 years at PRHA developed over 400 bedspaces for homeless people. In 2002 he moved on to Cara Irish HA, before joining St Martins in 2009. Jon is a Trustee of Providence Row Charity and a Board Member of Rickmansworth Churches HA.

Joint working and partnership

West

Statutory Bodies

- Central and North West London Mental Health NHS Trust
- North West London NHS Foundation Trust
- West London Forensic Service
- West London Mental Health NHS Trust
- City of Westminster
- LB Brent
- LB Ealing
- LB Hammersmith & Fulham
- LB Harrow
- LB Hillingdon
- LB Hounslow
- LB Westminster

South

Statutory Bodies

- The South London and Maudsley NHS Foundation Trust
- NHS South East London
- Oxleas NHS Foundation Trust
- South West London and St George's Mental Health NHS Trust
- LB Lambeth
- LB Wandsworth
- LB Merton

North

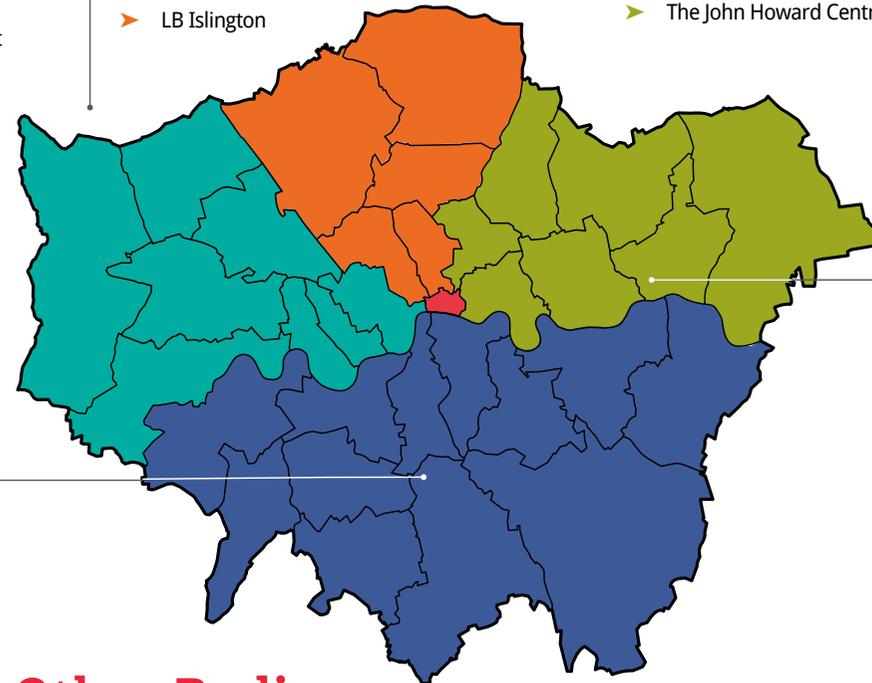
Statutory Bodies

- Barnet, Enfield and Haringey Mental Health NHS Trust
- Camden and Islington NHS Foundation Trust
- North Central London NHS Primary Care Trust
- North London Forensic Service
- LB Camden
- LB Enfield
- LB Islington

East

Statutory Bodies

- East London and the City Mental Health NHS Trust
- North East London NHS Foundation Trust
- LB Hackney
- LB Newham
- LB Tower Hamlets
- The John Howard Centre



Other Bodies

- London Probation Trust
- NHS England

Trusts and donors

- The Big Lottery Foundation
- The CA Redfern Charitable Foundation
- The Morris Charitable Trust
- Wembley National Stadium Trust

Statutory Bodies Outside of London

- Luton Borough Council

Third Sector partners

- 1Life
- Arsenal in the Community
- Brent, Islington Mind
- Brunel University
- Causeway Irish Housing Association
- City of London College
- CRI
- Four Corners Film
- Hackney College
- Harley Road Day Centre
- Islington and Shoreditch Housing Association
- London Metropolitan University
- Sanctuary Housing
- Southern Housing Group
- The British Institute of Human Rights
- University of East London
- Voluntary Action Islington
- Volunteer Centre Camden

Registered office

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Solicitors

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