A leading provider of accommodation and care in London for people with learning disabilities and mental health needs.

St Martins
PARTNERS IN MENTAL HEALTH RECOVERY

Annual Review

2018

About us

St Martins is a leading provider of mental healthcare and accommodation in London. We deliver positive outcomes for people with mental health needs, learning disabilities and offender backgrounds. We offer 24 hour support and a safe place in the community to become as independent as possible, when people move on from hospital wards, prisons or placements at other providers.

Mission

Our mission is to improve the pathways and opportunities for people stepping down from secure hospitals, prisons, mental health and learning disability services. We do this by enabling the recovery of our service users in order to maximise their independence and safety in the community.

Vision

St Martins aim to be the most effective mental health recovery partner in London for people who have enduring and complex needs.

Values

- We believe that everyone associated with us should be treated with fairness, justice and respect.
- We believe that everyone has the potential for positive change.
- We are committed to promoting diversity and equality in all our activities.
- We expect staff and Board members to carry out their responsibilities with integrity and probity.
- We are committed to upholding and promoting the legal, civil and human rights of service users.
- We have an organisational culture that emphasises and promotes professionalism, innovation, performance and good practice in service delivery.

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Chair and Chief Executive's statement

We are delighted to present St Martins' annual review for 2017/18. We hope you enjoy reading about our work and our service users' journeys of recovery. Over the last year we placed emphasis on the holistic approach of taking good care of our service users, staff, buildings and land. Each of these areas needs sustained care and attention in order for us to support our service users to become as independent as possible.

Our main achievements over the last year can be summarised as:

- Opening a 10 bed mental health scheme in LB Haringey.
- Launching a co-production group with the primary aim of helping service users into employment both with St Martins and with external employers.
- Continuing to embed Human Rights across all our services, building on our partnership with the British Institute of Human Rights, including the production of a guide on Hospital Discharge in conjunction with the BIHR.
- Carrying out a number of enhancements and refurbishments to our services during the year, including the refurbishment of kitchens at Wilton Villas, increasing the number of rooms at Chalkhill Road from 19 to 20, and upgrading the lighting at New North Road with LED fittings.

Our principal strategic aim is to be the leading provider of residential community services in London for people with mental health problems including forensic backgrounds, complex needs, challenging behaviours and dual diagnosis of learning disability by 2021. A new Business Plan was agreed by the Board of St Martins which commits the organisation to grow by 30% over the next three years. This expansion will be funded through a combination of existing assets, cash reserves and bank borrowing. A key aim of the Business Plan is to ensure St Martins' financial sustainability.

NHS England has established an ambitious transformation programme that is trialling New Models of Care in Forensic Services with an additional £94 million of support having been released. It is expected that further resources will become available quickly, through the savings released by reducing spot purchasing of secure bed capacity and improving the management of out-of-area placements. This will lead to further demand for community placements in London. St Martins have two new services positioned to work with the South London Partnership and the North London Forensic Consortium. Both organisations have been awarded contracts by NHS England to develop New Models of Care in the Secure Care Programme.

Our task is to remain informed and engaged with our external environment and the many changes happening, and ensure we continue to provide personalised, value for money services that help our service users develop their full potential and lead more independent lives. We are aware that some of these changes may have a negative impact but will also present opportunities for us to develop new services in response to identified need. We will remain agile and flexible in responding to opportunities and gaps in the market as we seek to achieve our strategic ambition of being the leading provider of community forensic and dual diagnoses services in London.

We continued to review and improve our services. The results of our residents' survey in February 2018 were very positive – 79% of residents rated our services very good or good.

A new Business Plan was agreed by the Board of St Martins which commits the organisation to grow by 30% over the next 3 years.

Our plans for 2018/19 include:

- **Develop a new mental health service in LB Lambeth using an existing building owned by St Martins. Work has begun on the refurbishment of this building and it will open in January 2019.**
- **Upgrade all our IT systems to the Outlook 16 platform and ensure full compliance with GDPR.**
- **Implement phase three of our Horticultural project.**
- **Implement psychologically informed environments across all our services.**

We are very conscious of the financial pressures on our commissioners and statutory partners in both local authorities and NHS organisations. We will continue to market and position St Martins as the leading provider of recovery services to people with forensic histories and complex mental health problems. Our offer to local authorities and Clinical Commissioning Groups will continue to be that St Martins can provide high quality, innovative and value for money services for people leaving secure hospitals and similar settings that can enable them achieve independence safely within 2-3 years.

Our staff continue to demonstrate the passion and commitment that this often difficult and demanding work requires. We take this opportunity to thank them, our Board members and all our partners, for their contribution to the mission which we all share at St Martins; helping our residents develop their full potential and live life as independently as possible.

John Thompson
Chief Executive

Nick Purchase
Chair

86%

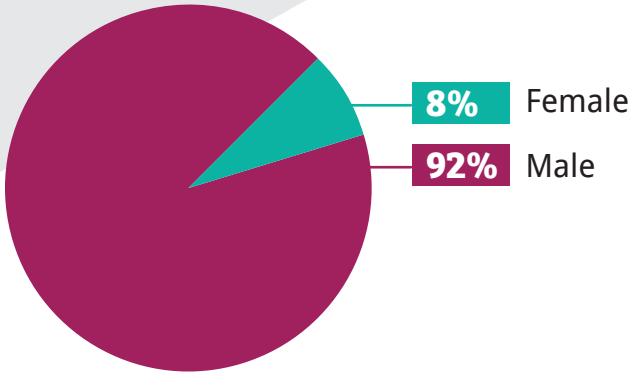
OF SERVICE USERS REPORTED ST MARTINS' STAFF ARE HELPFUL AND POLITE
(FEBUARY 2018)

Service user demographics

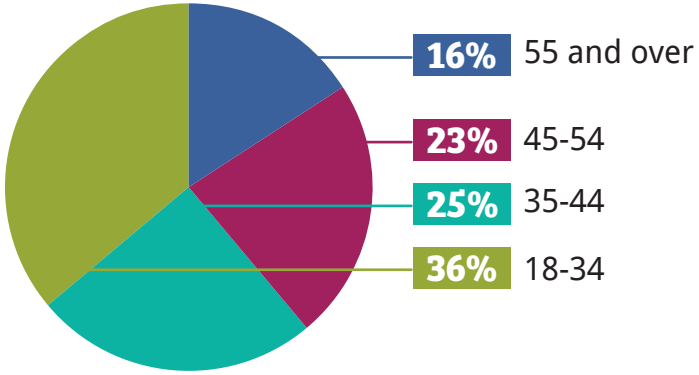
1 April 2017- 31 March 2018

St Martins works with a diverse group of service users, reflecting the diversity of the wider population of London.

Gender



Age

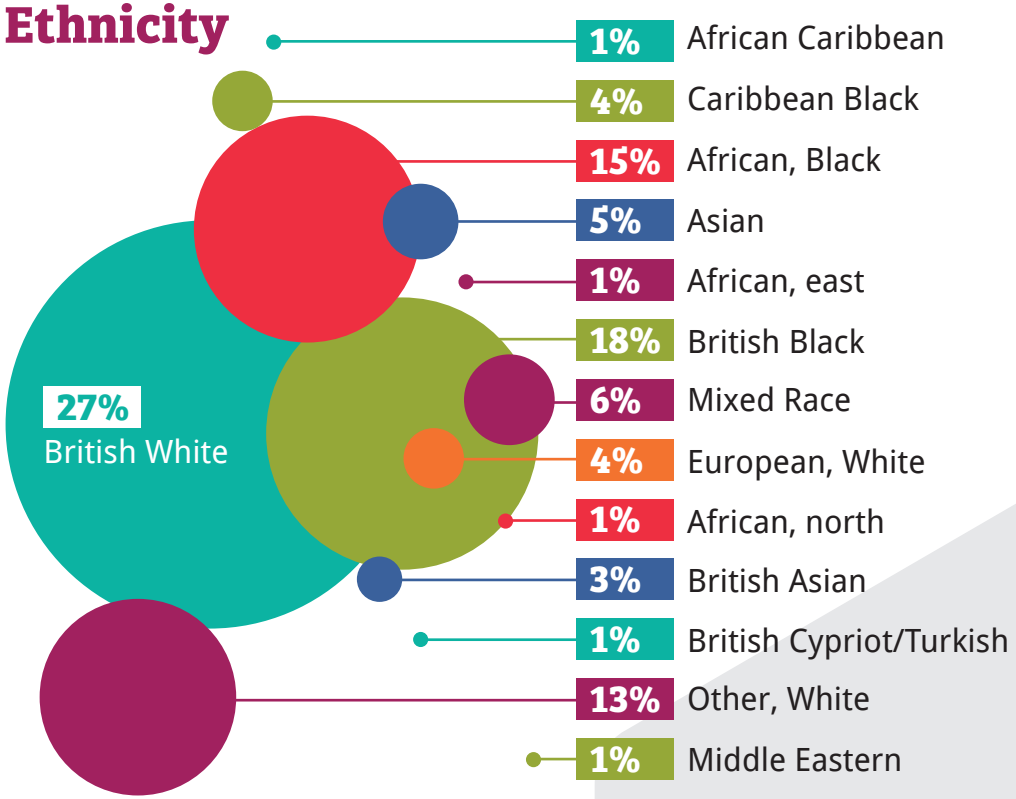


Borough of origin

Islington	42%
Hounslow	10%
Kensington & Chelsea	8%
Hackney	7%
Camden	6%
Harrow	5%
Ealing	4%
Westminster	4%
Hammersmith & Fulham	3%

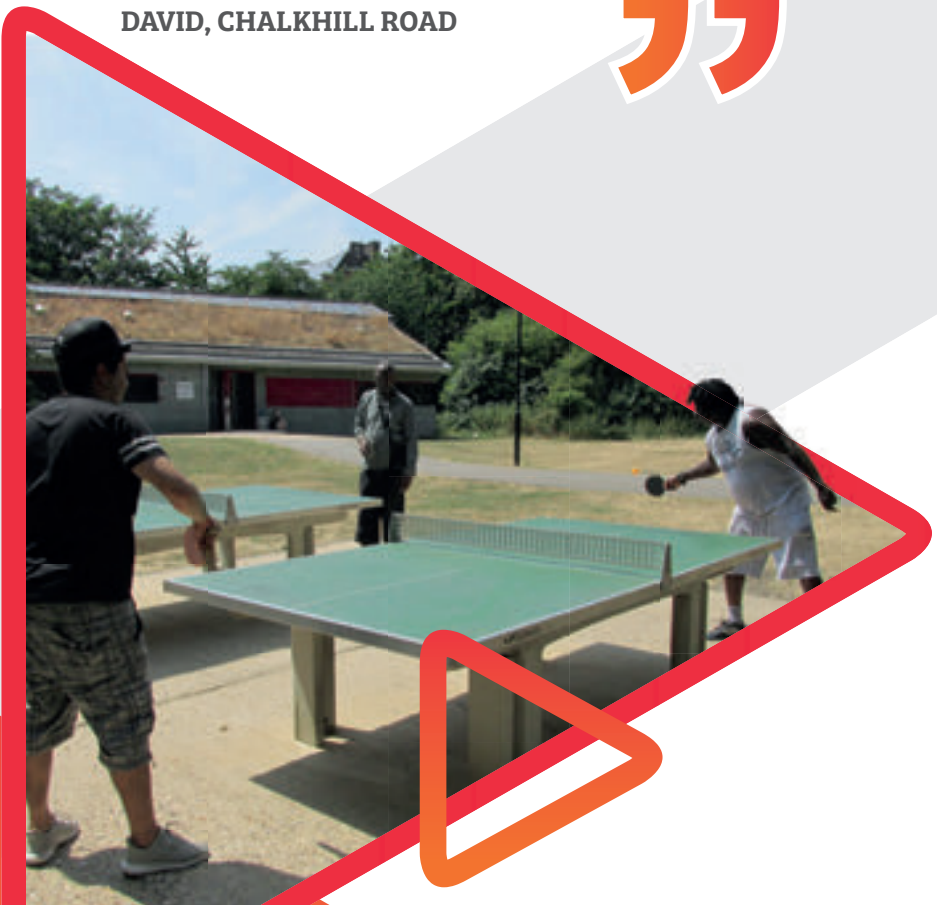
Barnet	2%
Brent	2%
Lambeth	2%
Hillingdon	1%
Kent	1%
Luton	1%
Newham	1%
Sheffield	1%

Ethnicity



"We get on well with our neighbours. A group of us met some of them at the local community centre on a cooking course. We then invited two neighbours to join us for Christmas dinner. It was our whole house, all the residents and staff and two of our neighbours. They were very grateful. They said previous Christmases had been a bit lonely. We see our neighbours out and about and we have a chat. There is no animosity. I take round some fresh rosemary from our herb garden to the ones we know better. I know that there are problems with some of the neighbours at other homes, but we get on well with ours. We are lucky."

DAVID, CHALKHILL ROAD



Results & outcomes

1 April 2017–31 March 2018

Current residents

62%

HAVE BEEN WITH US LESS THAN 2 YEARS

22%

HAVE BEEN WITH US 2 - 4 YEARS

16%

HAVE BEEN WITH US OVER 4 YEARS

Move on

28 people moved on from our services

54%	stayed less than 2 years
39%	stayed 2-4 years
7%	stayed over 4 years

Where did people move?

17/28 were planned move ons (60%)

10	went to lower support needs housing (35%)
6	were transferred internally to better suited placements/ lower support (21%)
1	went into sheltered accommodation (4%)

11/28 were unplanned (40%)

5	returned to low secure wards (18%)
5	went to prison (18%)
1	was rehoused in temporary accommodation (4%)

Musa the mechanic

Musa left St Martins' Wilton Villas project on the 29 January, 2018. After a two year stay, Musa now lives in his own flat in north London. He generously gave us the following reflections on his positive time at Wilton Villas.

The facilities at Wilton Villas are superb

"Generally my time at St Martins was very good. The staff gave me unbelievable support. They highlighted opportunities that could be available for me. I can see in myself how much I have changed from when I first arrived at St Martins and who I am today.

This is down to excellent care from staff at Wilton Villas. By trade I am a mechanic. This was something I started doing as a child. I went to college to do a refresher course for 10 weeks. I also decided to study English and IT. I feel I have many options, I want to continue to study and work part time. My key worker Paulette treated me like her son. She used to tell me not to drink. I am no longer an alcoholic or drug user. The facilities at Wilton Villas are superb. They had some refurbishments done during my stay. The staff can also support you if you need help with cleaning or cooking. I am myself a very competent cook. I will still stay involved with the St Martins co-production group and deliver more of the inspirational talks I have started doing."

This is what Paulette, Musa's key worker at Wilton Villas had to say...

"I was Musa's key worker for his whole stay. What can I say? Musa was a pleasure to work with. I feel so proud of his achievements. When he first came to us, he had substance misuse issues, which illustrates how much he has worked on himself. Musa was enthusiastic about being a mechanic. I introduced Musa to Hackney College. There was a mental health worker there who supported Musa. Musa was committed to his studies. He used to wake up in the morning and attend college. Musa was very proactive. He wanted to make something of himself and not waste his life. Musa comes from a very professional family, very educated. He felt he wanted them to be proud of him. Our vocational worker Dawn helped Musa to prepare his CV. He got a voluntary job in a large garage in Hackney doing mechanical work. His favourite was repairing large trucks. He did that for two months before taking a break and then returning. Musa is a success story. I still keep in contact with him to make sure he is okay!"

Although he no longer uses St Martins' services, Musa is a valued member of the co-production group. Musa delivers motivational speeches about how to turn your life around, which have been well received by current service users. His specialist area of knowledge is in overcoming addictions to drugs and alcohol.

Service user achievements

All service users are encouraged to engage in work, education, social, cultural and sporting activities. We provide structured in-house programmes as well as encouraging people to link up with voluntary and paid work, learning institutions, day centres, places of worship and local services of all kinds.

In the autumn and winter of 2017 we introduced two pilot programmes called Employability and another named Wellbeing. These are short courses comprised of a number of units.

Employability

- Searching for a job
- Applying for a job
- Preparing for an interview
- Interview skills
- Positive attitudes and behaviours at work
- Working in a team

Wellbeing

- Mental Health Awareness
- Alcohol Awareness
- Substance Misuse Awareness
- Personal Safety
- Stress Awareness

Participants can chose to complete the whole programme or just those units that suit their needs. Ten people enrolled on each programme. Five out of 10 completed all five units of the Wellbeing course. Seven out of 10 completed all six units of the Employability Programme. One person then went on to begin a course in building and construction. Another self-referred to Scope Employment services. After the relative success of these programmes we are continuing to roll them out in 2018.

A handful of things to be proud of

77%
OF SERVICE USERS PARTICIPATED IN AT LEAST ONE REGULAR ACTIVITY

24
WERE STUDYING COURSES EXTERNALLY AT COLLEGE OR WITH PROFESSIONAL BODIES

12
WERE ENGAGED IN VOLUNTARY WORK

8
SERVICE USERS USED THEIR SKILLS TO EARN A SMALL INCOME

2
EX RESIDENTS HAVE WRITTEN A GUIDE TO 'CHAIRING YOUR OWN CPA' AND ARE TRAINING CURRENT SERVICE USERS

Co-production

St Martins launched a Co-production Group in March 2017. The group meets once a month, on the second Thursday. At first the number of attendees was relatively small. But as the group approached its first year anniversary, larger and larger rooms with more chairs were required. Both current and ex service users are welcome. A key aim of the group is for service users to share their experiences and assist others in their journey.

The Group has been chaired a few times by Harpreet Dosanjh, who is employed by the West London Trust and was a service user at St Martins from November 2012 until October 2015. In welcoming service users to the group, he says:

"The philosophy of Co-production is to work in equal partnership. It is about working with what people are good at. You do not need to have a degree, we just need you. We value your voice, experiences, assets and ideas. As a team we can re-shape the future of St Martins."

Harpreet also emphasises the need to thank everyone for their contribution, their ideas and simply for taking part. Some of the outcomes from this group have been very impressive. But not everything works, or at least, things don't always work out as expected. But that is part of the learning. And what is very encouraging is to see how the group is growing and the philosophy of co-production is inspiring many of our service users to be more active, informed and ready to share their skills.

There is an agenda for co-production meetings which balances opportunities with concerns and reflection. In terms of opportunities, the group looks at what skills service users have and tries to match them with a role. Everyone who contributes a skill or completes a job is paid. Members of the co-production team have also begun to plan and host annual events at St Martins, such as World Mental Health Day, Co-production Group anniversary celebrations, and the Summer Fair.

There is also space for people to share their concerns. One frequent topic of conversation is medication, as a number of service users feel their medication is not helping them, or that the side effects outweigh the benefits. Open discussion of this issue has led to some service users finding ways of getting better informed and taking more control. Some are

examining their options in regards to medication, in meetings with their psychiatrists and other care professionals working with them. St Martins also arranged for a pharmacist to deliver training to service users about medication.

Reflection is another important aspect of the group. Learning from the process and from one another can be very valuable. Part of the monthly meeting always involves reviewing and recalling what has been done, what goals have been set and where time might be most usefully spent going forwards. In shaping the way services are delivered at St Martins, this group reviews the operational policies that staff adhere to in their day to day work.

A few more of our achievements in the first year

We established closer partnership working with other organisations to facilitate our service users' learning and help them become IT literate.

A number of our SUs signed up to be CQC Experts by Experience.

One of our ex SU members, became Connect magazine editor and delivers Recovery and Recovery Star training and also delivers talks to encourage and help residents to chair their own CPA/review meetings.

Another SU designed a leaflet to facilitate this training and also to advertise other events we organise.

Another SU delivers motivational and anti-drugs speeches to residents and chairs house meetings. Whilst a fourth SU delivers gym talk to residents resulting in 2 residents signing up for the gym.

We also organise training such as the Social Therapeutic Horticulture, Understanding medication, Universal credits, and more.

Our next goals

We will continue to look for new members.

Mini co-production groups will be established in each of our properties. The first task of these groups is to agree a charter between staff and service users.

We plan to train members in peer to peer mentoring.

We plan to find opportunities for members to use their skills in external settings, such as giving talks about living in the community at Community Meetings on hospital wards.

Looking after the estate

St Martins was initially part of a charity set up by the Catholic Fund and Foundation in 1920, and funded by church collections, to help homeless and destitute men in London. Fast-forward to 1980, and due to the changing climate in social care, St Martins became a secular, not-for-profit housing association with a mission to support vulnerable people in London. The religious organisation bequeathed the housing association its properties and stepped back.

St Martins has continued to provide safe, secure and comfortable homes for people who need varying levels of support and an opportunity to turn their life around.

The new housing association was given a mixed portfolio of housing in London. There were a few large hostels that could accommodate over 20 people, and some houses ranging from three to eight bedroom properties. But what made this bequest particularly far-sighted was a legal framework placed around some of the properties that makes them very hard to sell. Around half the properties were effectively designated as long-term social housing for vulnerable people in need. The other half did not have the same caveat, so that St Martins could buy and sell some of its housing stock to meet the current needs of the organisation. This gave St Martins a core strength and some flexibility to adapt.

Since 1980 St Martins has therefore had two distinct goals in regards to its estate. Firstly the maintenance and good use of the fixed part of its housing portfolio. Secondly the strategic trade, maintenance and use of the more fluid part of the portfolio. The bulk of St Martins' estate has been in Islington since 1980, although the organisation also owns properties in Hackney, Brent and Lambeth.

St Martins sometimes leases buildings when opportunities to run new services have arisen in areas where it does not have any housing. The organisation has also sold properties and invested in buying new ones to meet its strategic goals.

In 2011 a care home for the elderly in Wembley was purchased. £1.5M was invested in the purchase and renovation. In 2012 the building was reopened as a care home for men with complex mental health needs. It had 18 bedrooms with ensuite bathrooms, although further works completed since 2012 have added two additional bedrooms. The purchase of this building was key, as it established a foothold in west London. In meant that St Martins was now in a position to offer services in north, south, east and west London. This means the organisation is able to offer a relatively local option for service users from most London boroughs.

St Martins has a Development and Property Services department. In a typical year this department completes around 700 repairs, as well as making significant improvement works to buildings. Modernisations and upgrades happen on a cyclical basis. In 2017-18 St Martins took out a lease on a building in Haringey and completed significant refurbishments and upgrades, including the preparation of a large garden for cultivation. The kitchens at Wilton Villas, St Martins' largest property, which is part of the fixed portfolio, were also overhauled.

646

REPAIRS WERE CARRIED OUT TO ST MARTINS' PROPERTIES IN 2017-18

The previous year, part of the same building was annexed and adapted so that it could accommodate five men with dual diagnoses of mental health and cognitive issues including learning disability needs. The organisations' property on Caledonian Road, which comprises eight self-contained flats, a laundry room, gardens and office space for staff was also given a complete refurbishment. In 2018-19, major works will be taking place to renovate St Martins' property in Lambeth.

Looking after the estate, ensuring that all housing is safe, warm, comfortable and compliant with regulations is a never-ending task. But an important one. Rents and property values have sky-rocketed in London since 1980 and many people are now struggling to afford to remain in the capital. St Martins, along with a number of similar organisations, have stood firm in this highly competitive climate, and have in a sense been stubbornly counter-cultural. Thanks to continued funding from the NHS and local authorities, St Martins has been able to provide housing with specialised care and support to at-risk young people, ex-offenders needing a first step back into the community, people with severe mental ill health, and more recently those with learning disabilities. This has not always been without opposition, especially as the demographics and priorities of local areas have changed over time.

Working with vulnerable groups has posed a high level of risk, not least to our buildings. Wear and tear has been significant and

parts of the estate have occasionally been vandalised or damaged accidentally. But St Martins has continued to provide safe, secure and comfortable homes for people who need varying levels of support and an opportunity to turn their life around. The next step for St Martins is to make better use of our outside spaces to involve our service users in co-creating places to relax, grow food and feel more at home. To read more about how we are doing this, see the next page.

Taking care of the land is taking care of ourselves

Most of St Martins' properties have gardens, and all of them have some outside space. With the increasing popularity of horticultural therapy and nature-based approaches to mental healthcare, it became apparent that this was an under-used resource right on our doorstep, so to speak.

St Martins set up a group called SEED in 2016 to look into this opportunity. Service users and staff both contributed ideas and a three stage plan was put in place.

1. *In 2016-17 use available space to cultivate flowers and food to sell at our 2017 Summer Fair and use any excess for healthy cooking lessons.*
2. *In 2017 -18 service users will be paid small amounts to maintain gardens and outside spaces as we grow more produce and flowers.*
3. *From 2018 onwards use St Martins' larger outdoor spaces as organic allotments, growing enough for service users to cook and also explore possibilities for selling produce to local shops.*

We have completed the first two stages of this plan and now have 4 service users who are paid to maintain our outside spaces with others assisting on a voluntary basis, or simply because they enjoy working in the garden.

An unforeseen benefit of this project has been the creation of a large, raised flower bed, completed by one of our service users who is a trainee bricklayer, with oversight from a professional building contractor. This space is now used to grow herbs. Service users and staff are now talking about how to create more growing space, and make better use of the land.

We identified a number of benefits from this work. Even if our long-term goal of growing enough for a few service users to make a small income could not be realised, we knew that over a number of years the following opportunities would be made available:

- Planning and budgeting
- Small scale employment opportunities
- Better diet
- Better understanding of food and nutrition
- Re-establishing the food chain
- Less reliance on takeaways or increasingly expensive food from supermarkets
- Enjoying being productive and creative
- Getting more in touch with nature
- Being more grounded
- Learning
- Transferable skills
- Chances to nurture and grow
- Collaboration and team work
- Pride in one's work
- Increased sense of wellbeing
- Involvement in making the place you live more attractive
- More appreciation of our properties as homes

Not only does gardening and growing food offer many therapeutic benefits, it also provides an important link to diet.

St Martins' staff received training in Social Therapeutic Horticulture from Thrive in Spring 2018, which many found inspiring. We recognise that there is a long way to go and a lot more we can do by involving and inspiring service users to co-create beautiful and bountiful gardens. St Martins is investing in two new residential services which both have large gardens. These provide enough land to realise the final part of SEED's three stage plan.

With land available, minimal costs involved in cultivating it and growing food, there is a great opportunity here. Not only does gardening and growing food offer many therapeutic benefits, it also provides an important link to diet. Scientists are increasingly recognising that diet and more particularly gut health, has a huge impact on our general wellbeing. Dr Michael Gershom coined the term 'second brain' in 1998 when he proved that serotonin (the hormone most responsible for our moods), is as linked with the gut as it is with the brain.

Later studies showed that the gut is perhaps even more sophisticated in its neural circuitry than the nerve cells of the brain. That means that taking care of the gut is important. And what links us to the gut? Food and drink. And where do they come from? The land.

Taking care of the land and of one's diet offers an opportunity to reconnect. It also offers opportunities to be better in touch with our mental and physical wellbeing. We can develop a sense of belonging. We can eat food that we have produced ourselves that we know is free from pesticides and other toxins. Just getting your hands in the soil and taking the time to grow something is an enjoyable, if not directly therapeutic process for most people.

All of these reasons and more will be our inspiration as St Martins' staff and service users continue to take care of the land, and in so doing, take better care of ourselves and one another.

Statement of Comprehensive Income

	2018 £	2017 £
Turnover	**3,820,358**	**3,685,572**
Operating costs	(3,752,784)	(3,541,676)
Operating Surplus	**67,574**	**143,896**
Interest receivable and similar income	907	851
Interest payable	(1,519)	(1,674)
Other income: Unrestricted donations	5,301	300
Surplus on Ordinary Activities	**72,263**	**143,373**
Revenue reserve brought forward	5,500,732	5,357,359
Revenue Reserve Carried Forward	**5,572,995**	**5,500,732**

Auditor's Statement

Independent Auditor's Statement to the Board of Management of St Martin of Tours Housing Association Ltd

We have examined the extracted Statement of Comprehensive Income and Statement of Financial Position for the year ended 31 March 2018 set out on pages 16 and 17.

This report is made solely to the association's members, as a body, in accordance with the Co-operative and Community Benefit Societies Act 2014. Our audit work has been undertaken so that we might state to the association's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to any party other than the association and association's members as a body, for our audit work, for this report, or for the opinion we have formed.

Respective Responsibilities of the Board of Management and the Auditor

The Board of Management are responsible for preparing the extracted Statement of Comprehensive Income and Statement of Financial Position in accordance with applicable United Kingdom law and the Co-operative and Community Benefit Societies Act 2014.

Our responsibility is to report to you our opinion on the consistency of the extracted Statement of Comprehensive Income and Statement of Financial Position with the full audited financial statements.

We have not read any other information contained in the Annual Review except for pages 16 and 17 and do not give any opinion on whether the content of the Annual Review is consistent with the extracted Statement of Comprehensive Income and Statement of Financial Position on pages 16 and 17 or with the company's audited financial statements.

Basis of opinion

Our audit report on the full annual financial statements of St Martin of Tours Housing Association Ltd describes the basis of our audit opinion on those financial statements.

Opinion

In our opinion the extracted Statement of Comprehensive Income and Statement of Financial Position is consistent with the full annual financial statements of St Martin of Tours Housing Association Ltd for the year ended 31 March 2018.

Kingston Smith LLP,
Statutory Auditor
Devonshire House
60 Goswell Road
London
EC1M 7AD

1 August 2018

Board of Management Statement

The extracted Statement of Comprehensive Income and Statement of Financial Position set out on pages 16 and 17 contains information extracted from the audited financial statements for the year ended 31 March 2018, but is not the full audited financial statements. The full financial statements were approved by the Board of Management on 5th July 2018 and will be submitted to Homes England.

The auditor has issued an unmodified report on the full financial statements and on the consistency of the Report of the Board of Management with those financial statements.

The extracted Statement of Comprehensive Income and Statement of Financial Position does not contain sufficient information to allow for a full understanding of the financial affairs of the association. The extra details are to be found in the full Report of the Board of Management and annual financial statements referred to above.

Copies of the audited financial statements, including the Report of the Board of Management, may be obtained from the association's head office.

Nicholas Purchase
Chair
On behalf of the Board of Management

1 August 2018

Statement of Financial Position

	2018 £	2017 £
Fixed Assets		
Housing properties (Cost less depreciation)	6,930,494	6,958,651
Other fixed assets	80,868	91,866
	7,011,362	7,050,517
Current Assets		
Debtors	238,742	174,256
Other current assets	1,582,082	1,580,442
	1,820,824	1,754,698
Creditors: Amounts falling due within one year (** see below)	(761,653)	(712,568)
Net Current Assets	1,059,171	1,042,130
Total Assets less Current Liabilities	8,070,533	8,092,647
Creditors: Amounts falling due greater than one year (** see below)	2,217,685	2,312,062
Capital and Reserves		
Capital reserve	52	52
Called up share capital	20	20
Restricted reserves	67,431	67,431
Designated reserves	212,350	212,350
Revenue reserves	5,572,995	5,500,732
	8,070,533	8,092,647

** Includes Social Housing Grant totalling £2,201,208 (2017: £2,294,334).

Senior management team

Board members

Nick Purchase
Chair
MSc, MBA, CQSW, Dip.

Peter Spelman
Deputy Chair
BA, CQSW, MBA, PGDip CYP IAPT Therapy

Mayan Shah
Treasurer
EMBA, FCCA, BA

Catherine Cox
Board Member
CASHE Diploma, GNVQ, BTEC

Dr Tony Kearns
Board Member
FRCPsych

Dr Phyllis Starkey
Board Member
BA, MA, PhD

Clive Blackwood
Board Member
DipSW, BA, MSc, MBA

Kate Denham
Board Member
BA

Fiona Weir
Board Member
RMN, DMS, ILM NVQ5, Prince 2

Chief Executive
John Thompson MA, MSc, BA

John has been the Chief Executive of St Martins since 2004. He has over 25 years' experience of developing and managing services in mental health, substance misuse, criminal justice and housing. He was Director of Operations at ARP for 7 years, a London drug and alcohol agency and prior to this worked in rough sleeping services in London for 6 years. He is the Chair of Stuart Low Trust and a strong advocate of the Recovery Approach and service user involvement.

Director of Operations and Human Resources
Dr. Vimala Uttarkar BSc, MA, MPhil, PhD

Vimala is a qualified social worker, with extensive experience of managing statutory mental health services having specialised in rehabilitation and forensic services for over 15 years before moving to St Martins in 2005. She is an expert mental health advisor with the Care Quality Commission, reviewer for the Journal of Social Work Practice, Chair of Aid A Woman and a Trustee with Camden Canals and Narrow Boats Association. She holds a doctorate from the University of East London and is a visiting lecturer for the Doctoral Programme at the Tavistock Centre, where she mentors and supervises research students.

Director of Finance and Company Secretary
Philip Bowles FCA

Philip is a Chartered Accountant and worked in group finance for property development and investment companies, including listed property group Bilton plc before becoming Finance Director of an IT development group. He joined St Martins as Director of Finance & Resources in 2001 and is responsible for the Association's financial strategy, IT and corporate risk management. Philip recently completed a 6 year term sitting on the Audit & Risk Management Committee of the National Housing Federation.

Director of Development and Property Services
Jon Mumford BSc, Dip.Arch

Jon is a qualified architect who has worked for various local authorities, as an Associate in a private architectural practice and in retail development. Moving into the voluntary sector in 1991, he joined Providence Row HA as Development Director and during his 10 years at PRHA developed over 400 bedspaces for homeless people. In 2002 he moved on to Cara Irish HA, before joining St Martins in 2009. Jon is a Trustee of Providence Row Charity and a Board Member of Rickmansworth Churches HA.

Joint working and partnership

Statutory bodies

West

- Central and North West London Mental Health NHS Trust
- North West London NHS Foundation Trust
- West London Forensic Service
- West London Mental Health NHS Trust
- City of Westminster
- LB Brent
- LB Ealing
- LB Hammersmith & Fulham
- LB Harrow
- LB Hillingdon
- LB Hounslow
- LB Westminster
- RB Kensington & Chelsea

South

- The South London and Maudsley NHS Foundation Trust
- NHS South East London
- Oxleas NHS Foundation Trust
- South West London and St George's Mental Health NHS Trust
- LB Lambeth

North

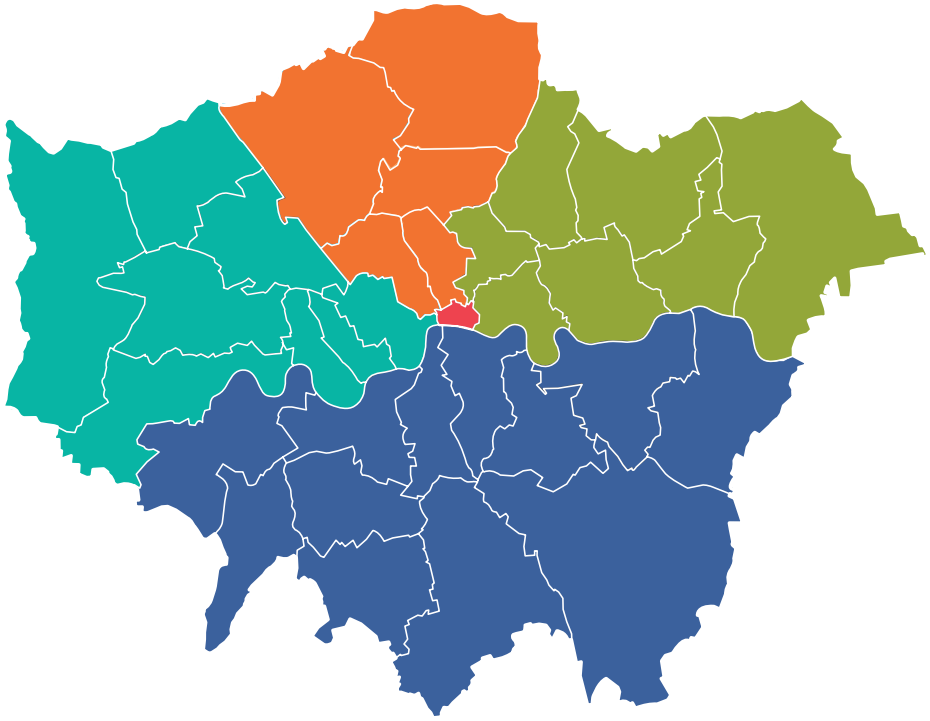
- Barnet, Enfield and Haringey Mental Health NHS Trust
- Camden and Islington NHS Foundation Trust
- North Central London NHS Primary Care Trust
- North London Forensic Service
- LB Barnet
- LB Camden
- LB Islington

East

- East London and the City Mental Health NHS Trust
- North East London NHS Foundation Trust
- LB Hackney
- LB Newham
- The John Howard Centre

Other Bodies

- London Probation Trust
- NHS England



Statutory bodies outside of London

- Luton Borough Council
- Sheffield Borough Council
- Kent County Council

Trusts and donors

- The Morris Charitable Trust
- The CA Redfern Charitable Foundation
- Wembley Stadium National Trust

Housing associations and voluntary partners

- 1Life
- Arsenal in the Community
- Brunel University
- Causeway Irish Housing Association
- City of London College
- Four Corners Film
- Hackney College
- Harley Road Day Centre
- Health Watch
- Islington and Shoreditch Housing Association
- Islington Mind
- London Metropolitan University
- Sanctuary Housing
- Southern Housing Group
- The British Institute of Human Rights
- The Upper Room- UR4 Driving
- University of East London
- Voluntary Action Islington
- Volunteer Centre Camden

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