

About us

St Martins is voluntary organisation specialising in providing mental health after care in the community for over 35 years.

We are known for excellence in providing both accommodation-based and domiciliary care to people with a range of mental health issues.

We specialise in working with people who have a range of mental illness from substance misuse and eating disorders to a diagnosis of severe mental illness and forensic behaviours.

In 2012-2013 76% of people leaving our services moved on positively having developed greater independence and feeling better able to manage their mental health.

Person to Contact for more information:

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For carers and professionals

For service users

Our Domiciliary Care

- Our Domiciliary Care Service is a specialist home-visiting service which is registered and regulated by the Care Quality Commission.
- Our services can be booked for any length of time – in hourly chunks or for the specific duration required by individuals.
- Our support starts with helping people find and subsequently sustain private tenancies using our abundant skill as a housing provider.
- Thereafter we help people gain daily living skills, access training and education, engage in leisure activities of their choice, whilst maintaining a close supervision of their mental and physical health issues including medication monitoring and attending appointments.
- Should the need arise, we are able to offer short-term respite or longer term accommodation based care within one of our registered care homes which are regulated by the Care Quality Commission.

Pricing

- Our basic weekly rates are highly competitive and we are also able to develop tailored packages of care.
- Our services are charged on an hourly basis with a sliding scale for each additional hour that we spend with you. However, the length of time you require us will need to be booked in advance both for longer term visits and for one off or adhoc visits.

What we offer YOU when you use our services

- We work with your mental health team to ensure that we provide a package of care agreed by you and your team.
- Our staff can be booked to visit you once or twice a day depending on your needs – and for as many hours as you need.
- Working closely with your care teams we make sure you attend your appointments and where necessary accompany you to them.
- In addition to helping you sustain your tenancies, we are able to help you learn and implement routine daily living tasks to help you move towards independence.
- We can support you to find educational and leisure activities – apply to them and if necessary accompany you to these whilst you gain confidence to go on your own.

Friendly, knowledgeable and professional staff

- Specially trained staff visit people in your own homes to help them re-engage with your community in a variety of ways.
- Our staff have an understanding of mental illnesses and the commonly prescribed treatments.
- Staff are fully trained in administering medication. We encourage you to self medicate where appropriate, whilst we monitor treatment compliance.