

45 Wilton Square

independent living with domiciliary care

St Martin of Tours Housing Association is a not-for-profit organisation which has been providing specialist forensic mental health support and care for over 30 years. 45 Wilton Square is a grade II listed building in a smart locality in Islington very near to amenities. It is a three bedroom house which has been refurbished to a very high standard to provide independent living experience for service users who are ready to move on from New North Road and Wilton Villas, our two care homes nearby.

Support Details

The service users who will be referred here will receive support from a Domiciliary Care Service registered with the Care Quality Commission. They will be helped to claim their benefits. Service users will receive daily support in order to be able to settle in the community and put into practice the independent living skills that they would have learnt in the Care Homes.

The support will consist of helping service users to understand and comply with the terms of their tenancies, to register for and pay utility bills, to budget for these and also learn to plan meals and shop for food, attend to health and safety issues such as personal hygiene and keeping their accommodation and the environment around it clean, access education, leisure-time and other activities. The support staff will be actively available on site every day. Should they require it, residents will also be able to access support during the night from staff at the Care Homes and also from the on-call service operated by St. Martins.

Entry criteria:

When service users are ready for move-on, care home staff will commence discussions with the care teams and the funding agencies, (commissioners) about moving them into 45 Wilton Square. Service users will be deemed suitable for these units based on two criteria:

- (a) When staff in the Care Homes consider that the service user has acquired the skills to budget, pay bills and manage activities of daily living such as shopping, cleaning etc. with some support.
- (b) When care managers or commissioners accept this and consider moving the service user on into lower support units.

Exit Criteria:

Residents can stay in this facility for up to one year. Therefore it is essential that move-on planning begins within 6 months after they move-into this unit. Care managers will be alerted that they should make arrangements for service users to move on within one year of moving into 45 Wilton Square.

- 1) During this period, if the service user deteriorates or does not settle down into independent living, they will be moved back into the registered care home.
- 2) Residents who are found not to be able to settle into the new regime within the first six months should be moved back before the end of the year.

These three points must be agreed with care managers and commissioners before service users are accepted into 45 Wilton Square

In our Care Homes, service users acquire the skills that they need to live in the community. However, because there is no facility to put these skills into practice many of them struggle to settle down when they move into independent living. St. Martins is therefore piloting this model of supported living to enable our service users to gain the confidence they require to live independently in the community.

If you want to discuss this or need any more information please contact:

Mike Archell-Green on 020 7704 3821 or mikeg@stmartinoftours.org.uk.

